



CIDI fm 99,1

Soyons nous-mêmes / Being Who We Are

Radio Communautaire Missisquoi
www.rcmmedia.org

*Écoutez
le coeur des
Cantons de l'Est
votre radio communautaire*

305-B Chemin Knowlton 450-242-9873

*Listen To
The hub of The
Eastern Townships
Your community Radio*

Visitez notre site web pour écouter vos émissions préférées, les transférer sur baladeur, et faites-nous part de vos commentaires.

Visit our web site, post a comment, listen to our live stream and download pod casts of your favorite shows.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00	Musical Selection / Sélection musicale							
7:00								
8:00	Planetarium Mangez Maigrissez*	About Townshippers*	The Wayfinders*	Let's Talk Health* Life Changes*	Around Town Tour de Ville*	Children's Corner	Children's Corner*	
9:00	Community Bulletin Board Musical Selection / Babillard communautaire Sélection musicale						Living Color	Mes Albums Classiques
10:00	Enjoy our Musical Selection Profitez de notre sélection de musique					The Wayfinders		
11:00						Bobcat Sessions	Henry's Music and Musings	
12:00						Let's Talk Health		
						Life Changes	CM BB	
13:00	Community Bulletin Board Musical Selection / Babillard communautaire Sélection musicale						Ouvertures	
14:00	Enjoy our Musical Selection Profitez de notre sélection de musique					The DJ & Cook	Mr Folklore Québécois	
15:00						Mangez Maigrissez		
16:00						Unleashed		
						Mostly Canadian Un-played	Ask the Pastor	
17:00	Around Town Tour de Ville	Mangez Maigrissez* The DJ & Cook*	Let's Talk Health* Life Changes*	Living Color* Unleashed*	About Townshippers	Dufur Mountain Bluegrass	Veronica's Picks*	
18:00	Community Bulletin Board Musical Selection / Babillard communautaire Sélection musicale							
	Planetarium*	Penalty Box	Musical Selection / Sélection musicale					
19:00	The Ivan Hour*	Let's Talk Jazz*	Dufur Mountain Bluegrass*	Bobcat Sessions*	Burning Bush from the Hall of Flame	Showtime	The Elvis Hour	
20:00			Showtime*	Ask the Pastor*				
21:00	Mostly Canadian Un-played*	Burning Bush from the Hall of Flame*	The Outsider*	It's On The Record*	Veronica's Picks	Let's Talk Jazz	It's On The Record	
22:00			Mr Folklore Québécois*					
23:00	Ouvertures*	DJ Blues*	The Elvis Hour*	Poetry* Un Air de Rien*	A Classical Time	The Ivan Hour	DJ Blues	
							Planet Dadio	
Overnight	Enjoy our Musical Selection / Profitez de notre sélection de musique					Red's List (mid- night to 2:00 am)	Music / Musique	

*indicates repeat during the week